

# beauty flash

**SMILE SMARTS** An extra dose of toothpaste toward the end of your two-minute brushing stint could remove more plaque, helping your smile gleam, says Daniel Deutsch, D.D.S., of Washington, D.C. Add a squeeze after 90 seconds, or try the new IntelliClean brush by Crest and Sonicare (\$140). Paste is stored in its barrel, so you can get a second helping with a click.

**HAIR CARE FOR YOUR LASHES** Your hair isn't the only thing that needs weekly deep-conditioning treatments: Your eyelashes do, too. **Mascara and makeup removers can be drying, leading to breakage.** Make lashes suppler in seconds with this tip from Janet Neigel, an eye surgeon in West Orange, New Jersey: Dot a bit of petroleum jelly on your finger, close the eye and gently brush in a downward motion to coat. Remove with a cotton pad after a minute.

- **PUTTING MAKEUP TO THE TEST** A cosmetics-counter makeover could give you more than a new look—by puffing eyes or breakouts! **About 75 percent of makeup samples tested were contaminated,** most commonly with staph bacteria, a cause of eye and skin infections, say researchers at Rowan University in Glassboro, New Jersey. Curls shared sampling in general, but especially on Saturdays, when makeup had the most germs. Instead, ask for an unopened tester.

**A CREAM FOR SKIN CANCER?** A protein called STAT3, which exists in human cells, is necessary for skin cancer to occur, reports *The Journal of Clinical Investigation*. Studies found that cancerous tumors in mice shrank once the protein was deactivated and that healthy mice without the protein remained cancer-free after being exposed to a carcinogen. **Scientists hope the finding will eventually lead to a STAT3 inhibitor cream to reduce the risk for skin cancer in people.**

**THE RIGHT AMOUNT OF SHINE** Avoid accidental oil slicks on your hair with Umberto Giannini Gazing Shine Laminare, \$10. You roll it (like a deodorant) across your palm so **you can deliver a controlled dose of light-reflecting silicone instead of a messy squirt.** Your hair will glisten, not look greasy.

**GET CHEEKY** If you were heavy-handed when applying your blush, dot concealer on top and blend, says makeup artist Mally Roncal of New York City. You'll soften the color without removing the foundation or SPF underneath.

**AT-HOME GLOW** Now you can have a spray tan—no appointment required—with Voyage Natural Sunless Skin Tanning Airbrush System, \$40, a handheld device that mists color onto skin. Our tester needed two applications to look truly golden, but her stain-free palms were worth the extra effort. **88%** says: A-