

How Chris Cooley
Got to Be So Cool

Smile! Here Are
299 Top Dentists

Where to Eat
and Enjoy Crabs

Designer's Secrets: How to
Save on Home Furnishings

WASHINGTONIAN

• THE INSPIRING STORY •


A RESCUE IN BETHESDA

At the scene, they saw smoke coming from the house and Michael running toward them. "My children are inside!" he said, pointing frantically to their second-floor bedroom window as Oglesby jumped off the truck. "Get them!" Oglesby threw the 30-pound air tank for his breathing apparatus over his shoulders and went toward the house. "Three babies trapped," he said into his radio. "I'm making entry on the hose line." A mantra among firefighters is "Risk little to save little; risk a lot to save a lot." Every firefighter who has been in a burning building knows that firefighters are trained never to enter a burning building without a hose line to protect them except in extreme circumstances. If Oglesby, who had two daughters, had to rush into the house without waiting the minutes it would take to unravel and lay out a hose with water, he had to be serious. Driving south on I-270, Montgomery County Fire and Rescue's Safety Training Officer, battalion chief Jim Resnick was approaching the road when he saw a white crackle truck. Resnick had known Oglesby for a dozen years, and he was cool under pressure. He had never heard his voice. "Battalion 1002 to Montgomery dispatch," he yelled into his radio. "We have a rapid response and a fire truck on the scene. We need a hose line." Resnick



AUGUST 2009

\$5.95 washingtonian.com

A photograph of three dental professionals in a clinical setting. On the left, an older man with a mustache, wearing a white lab coat over a blue shirt and tie, is smiling. In the center, a woman with long brown hair and glasses, wearing a blue lab coat over a white shirt, is smiling. On the right, a younger man with short hair, wearing a white lab coat over a blue shirt and tie, is smiling. They are standing in front of a window with horizontal blinds. The text "These top dentists can keep you smiling: Eugene Gadaire, Lillian Carpio, Benjamin Watkins III, Steven Guttenberg, Shadi Saba, and Ricardo Perez." is in the top left corner.

These top dentists can keep you smiling: Eugene Gadaire, Lillian Carpio, Benjamin Watkins III, Steven Guttenberg, Shadi Saba, and Ricardo Perez.

an insider's guide to dental care



PHOTOGRAPH BY VINCENT RICARDEL

The fact is that dentists don't mind if you talk while you're in the chair—except if you talk about money. Here are some other things that may surprise you about dentistry—plus a guide to the area's top dentists and specialists. **BY BROOKE LEA FOSTER »**

DENTISTRY CAN seem a bit like a secret society—at least that's how it's always felt to me. You lean back in the chair, open wide, and then—surprise—learn you've got big problems with your teeth.

Only a decade or two ago, dentists practiced reactionary dentistry: If a tooth hurt, they'd fix it—otherwise they'd leave it alone. Most dentists today thumb their nose at this “tooth by tooth” approach. They've been trained in comprehensive care: Give a patient's mouth a full examination and then tell the person what's wrong and in what order the work should be done.

You can sometimes leave the dentist feeling the way you might when you leave an auto mechanic, wondering if you've been taken.

We asked area dentists to talk about common perceptions—and misperceptions. Full disclosure: I'm married to a dentist, so some of this insight comes from engaging in many candid conversations with other dentists.

Here are things you may not know about dentistry.

Dental Work in This Area Does Cost More

According to the American Dental Association, the average cost nationally of a composite filling is \$119; the average crown costs \$841. In Washington, fees can be as high as \$300 for a filling and \$1,800 or more per crown.

Why the disparity? Location, location, location.

Dentists we spoke with say the area's cost of living—including office rent, lab fees, and staff salaries—dictates pricing. That's why dental work in a far-out suburb may cost less than the same procedure in downtown DC. If an office focuses heavily on the latest intraoral cameras or if it's spa-oriented, those extras will be reflected in the cost, too.

Not All Patients Are Treated the Same

Time factors into a dentist's fees. Some HMO dentists see up to 20 patients a day, while a fee-for-service practice—where patients pay out of pocket—might see eight.

One dentist who used to work at an HMO practice says he was forced to see a patient every 15 minutes. “The compensation is so low that you have to make it up in volume,” he says. Many dentists don't accept HMO insurance because they say the reimbursement rates are too low.

.....
Former Washingtonian senior writer Brooke Lea Foster (brookleafoster@gmail.com) is a writer in New York City.

Some who don't accept HMOs do accept PPO insurance, because those reimbursement rates vary. Still, if a PPO is known to reimburse less, one dentist says, it can feel like a waste of time to do the work. Then again, higher fees may encourage some dentists to do unnecessary work.

“If the reimbursement is too low, then yes, you can be tempted to spend less time,” says a dentist in Maryland. “If the fees are high, you might think, ‘I can make a lot of money if I sell a lot of crowns.’ Then you might overtreat. It goes both ways.”

Some dentists say the quality of care can suffer when patients are rushed through. “You'll have to cut corners somewhere,” says Danine Fresch Gray, a general dentist who runs a fee-for-service practice in Arlington.

A Dentist Doesn't Want to Talk About His Car

When my husband was shopping around for practices to join, he was told never to drive a fancy car to work—patients would resent it.

There can be a financial tension between dentist and patient. Some people feel that the high cost of dentistry probably is funding a dentist's upper-crust lifestyle.

“I often hear, ‘I probably put your kids through college,’” says Gray. “I'll say, ‘Yes, this is how I make my living.’”

According to the American Dental Association, the average salary of a dentist who owns his own practice is \$202,930 a year, while specialists make \$329,980 a year—and most dentists work 35 to 40 hours a week.

“You probably don't want your dentist to own three Porsches, because you'll think that they're ripping people off,” says one dentist. “But you probably don't want them driving a 20-year-old Honda, either—then they're not doing so well.”

Most dentists try not to bring up money at all. That's why you're often sent to a financial coordinator when it's time to talk payment.

Your Dentist Can Handle Your Case—but May Not Feel Like It

Every job has parts to love—and not love. Dentists are lucky: Whenever a case comes up that they don't feel like doing, they can send you to a specialist.

Often there's a good reason. While most general dentists can do root canals, for example, the dentist may not feel comfortable working on a complicated case without the high-power microscope that a specialist—in this case, an endodontist—uses.

But some dentists simply don't like do-

ing certain procedures, such as root canals, and they refer all of them out.

“Some doctors like doing crowns and bridges but don't want to do root canals and gum surgeries, and vice versa,” says Rustin Levy, a periodontist in downtown DC. “I know plenty of dentists who don't like to see blood, so anything like that is sent to a specialist.”

It can be annoying for a patient to make multiple trips for one dental problem. Still, doing so can work in your favor. One dentist says he refers out tough root canals for the patient's sake: “I would take two hours to do a root canal that an endodontist can finish in 45 minutes.”

There's No Such Thing As a Cosmetic Dentist

Ads for cosmetic dentists are common, but it's mostly marketing.

“Cosmetics is not a specialty,” says Joe Kravitz, a prosthodontist at the Center for Dental Health in DC. There's no ADA accreditation or advanced degree when it comes to training general dentists to do cosmetic work. All dentists are cosmetic dentists. Your general dentist was trained to do many of the procedures done at a so-called cosmetic practice.

For \$425 a year, dentists can join the respected American Academy of Cosmetic Dentistry by taking oral and written exams and sending in cases for evaluation. They're given a certificate and told they can use the AACD name and logo in their marketing. Some dentists attend the Las Vegas Institute for Advanced Dental Studies, a for-profit company offering continuing-education classes.

Kravitz says it's great for dentists to go on for additional training, but he's frustrated when he sees dentists using the initials of some of these programs after their names; he thinks it tricks the patient into thinking the doctor gained an additional degree from an accredited dental school. The ADA discourages dentists from using any extra initials—beyond those for degrees such as DDS (doctor of dental surgery) or DMD (doctor of dental medicine)—after their name, but some do anyway.

The bottom line: You don't have to go to a practice that markets itself as “cosmetic” to get whitening, veneers, and bonding. General dentists do those procedures—and they may cost less. When evaluating any dentist who's offering extensive cosmetic services, you might ask to see before and after photos of his work, ask how many of these procedures he's done before, and ask to speak with a few references.

Expensive Whitening Isn't Better

Not everyone is a candidate for whitening. According to the ADA, yellowish teeth will bleach well, while whitening for brownish and grayish teeth will be less effective.

There are many ways to bleach teeth. One popular approach is an in-office treatment that requires the dentist to smear gel on your teeth, then shine a light on your mouth to activate the whitening agents. This approach typically costs about \$1,000 and takes an hour or so.

But less invasive, take-home bleaching systems work just as well, says David Paino, a general dentist in Vienna: "With some of the light-activated bleaching, the results may be exaggerated for the first 24 hours because the light tends to dry out the teeth, making them appear lighter." Ultimately, your teeth will probably get the same results with either approach.

Paino recommends in-home kits that take about two weeks to complete. He says these prescription kits are just as effective and cost less; treatment runs about \$400 at his office.

While several dentists echoed Paino's sentiments, some say they offer light-activated bleaching because patients are convinced from TV shows such as *Extreme Makeover* that it makes the biggest difference.

Some Practices Send Lab Work Overseas

Last year, TV station WJLA reported that several crowns ordered from labs in China and shipped to Washington contained lead. The crowns from China cost about \$30 to \$50 to make; a local lab might charge five times that.

Only about 4 percent of dentists nationwide send their lab work overseas, but the ADA was concerned enough about the practice that it tested 100 foreign crowns to check for anything that could be harmful.

While many dentists believe overseas lab work is of lower quality, that hasn't stopped some from using these labs. One dentist cites an old adage: You get what you pay for.

"A lot of the success of our work hinges on the ability of the lab tech to carry out our plan," says Paino. "You can be the best dentist in the world, but if you work with a bad lab tech, the work is going to be bad."

If a dentist offers you a cheaper-than-average crown—say, \$500 to \$700—it may be because he's using a cheaper lab. "You have to ask yourself if you want something that's going to last three years or 20 years," says Danine Fresch Gray. "If you're getting a crown for \$700 and they're paying a lab \$30 for the work versus a few hundred dollars, you can almost guarantee that it won't last."

Dentists suggest checking with your doctor

The 299 best general dentists, orthodontists, oral surgeons, periodontists, and other specialists who can take very good care of your teeth

top dentists

BY SHERRI DALPHONSE

HOW WERE these top dentists chosen? By their peers.

To put together the list, we first mailed surveys to more than 1,500 randomly chosen dentists. Dentists see one another's work, so we asked them to name the general dentist and the specialists to whom they would send a member of their own family. The practitioners who received the most recommendations, from the 380 completed surveys, are listed here. Names marked with an asterisk (*) are the top vote getters.

Just because a dentist isn't listed doesn't mean he or she isn't good. How do good dentists get left off? Some have small practices with limited referral networks, so they're less well known. Others are very good but are new or in out-of-the-way locations. Or they're not active in dental circles, meaning their peers may not know them. To fill in these gaps, we did more research and reporting, asking experts about good but overlooked dentists.

Although the dentists on this list come highly recommended, that doesn't mean a dentist will be right for you. While dentists can gauge a colleague's skills, they may not know if a fellow dentist has a good chairside manner, if he or she charges fair prices, or if the office staff is pleasant.

We suggest using this list as one guide; you might also ask coworkers, neighbors, and friends for the names of dentists they like.

General Dentists

Jeffrey Almo, Northwest DC; 202-362-5596.

Robert Argentieri, Springfield; 703-569-6644.

***David Bertman**, Burke; 703-425-6100.

***Michael M. Blicher**, downtown DC; 202-638-5400.

Sharon Brown, Spring Valley; 202-244-4477.

David Butts, Falls Church; 703-671-1020.

Paul Callahan, Sterling; 703-444-4104.

Emilio Canal, Reston; 703-318-8200.

Samuel D. Cappiello, McLean; 703-734-0100.

Daniel Cassidy, Alexandria; 703-370-2333.

***Joseph A. Catanzano III**, Foxhall Square; 202-244-1601.

John A. Chick, Chevy Chase; 301-652-2277.

***Andrew C. Cobb**, Friendship Heights; 202-686-9100.

Jason A. Cohen, Chevy Chase; 301-656-1201.

***Paul Cohen**, downtown DC; 202-659-9100.

Sara Cohen, downtown DC; 202-659-9100.

Shane R. Costa, Great Falls; 703-757-0833.

Margaret Culotta-Norton, downtown DC; 202-833-1111.

Joseph Cusumano, Arlington; 703-525-4071.

Daniel J. Deutsch, downtown DC; 202-223-6630.

***Robert H. DeWitt**, Tysons Corner; 703-734-5707. »



JOHN CHICK



PAUL CALLAHAN

top dentists

Marc D. Doctors, downtown DC; 202-223-6630.

***John W. Drumm**, Foxhall Square; 202-244-1601. Also recommended for cosmetic work.



JOHN DRUMM

James S. Dryden Jr., Falls Church; 703-532-7586.

Mohammad Eghtessad, Ashburn; 703-726-0333.

Paul D. Ellington, Potomac Falls; 703-

444-5108.

Ali R. Fasshi, downtown DC; 202-293-9804.

Barry E. Feldman, Rockville; 301-468-1555.

Charles Ferrara, McLean; 703-356-2020.

Stanley B. Foxman, North Bethesda; 301-770-5353.

Ronan Freyne, Chevy Chase; 888-237-0346.

***Eugene C. Gadaire**, West End; 202-331-1554. Also a top vote getter for cosmetic work.

***Eugene T. Giannini**, Tenleytown; 202-244-4111. Also recommended for cosmetic work.

Paul Gibberman, Alexandria; 703-823-6616.

Lawrence Goldbaum, Rockville; 301-770-1555.

Leonard S. Gordon, Gaithersburg; 301-258-1998.

***Brian Gray**, Tenleytown; 202-244-4111. Also recommended for cosmetic work.

Danine Fresch Gray, Clarendon; 703-525-5901.

Cecilia M. Gyllenhoff, McLean; 703-734-0100.

James Gyuricza, Burke; 703-978-5660.

Robert Hall, Reston; 703-437-8811; Ashburn, 703-858-0000.

Gary Hartz, Reston; 703-437-8811; Ashburn, 703-858-0000.

Ronald Hauptman, Falls Church; 703-241-0666.

R. Alan Hinkle, McLean; 703-356-4034. Vote getter for cosmetic work.

Johanna Huijssoon, Foggy Bottom; 202-466-4530.

Margaret H. Irvin, Tenleytown; 202-244-6650.

about which lab he or she uses. Is it registered with the American Academy of Cosmetic Dentists? Is it local or overseas?

Young Dentists Cringe When You Ask for a Silver Filling

I was at a cocktail party full of younger dentists when they began complaining about silver fillings. Some of the dentists, who worked as associates, complained that their older partners still used the material. Others rolled their eyes at the thought of patients who demanded silver. "Who would even want that?" one dentist said. "I just refuse to do it."

Many younger dentists have left behind the amalgam material in favor of composite fillings, which are tooth-colored and tend to be more aesthetically pleasing. According to the ADA, about 70 percent of fillings placed today are white composite. Dentists who have been practicing less than ten years were trained in the age of plastic surgery, so there's a higher allegiance to the way things look. A mouth full of silver is unattractive, these dentists say.

Some older dentists prefer silver fillings—and may push them on a patient—because they've been using the material for decades. They believe it's stronger and lasts longer.

So what's better for you: silver or white fillings? It's clinically acceptable for dentists to use either, and both have pros and cons. Silver fillings are about 45 percent mercury, which worries some patients, but the National Institutes of Health and the Centers for Disease Control and Prevention say it's not harmful when combined with other metals. Silver fillings tend to be about half the price of composite.

Many younger dentists say you get a better seal with a white composite filling. While a composite filling may not last as long as an amalgam one, says Kravitz, you can repair composite without redoing the entire filling: "You can replace the edge without cutting it all out." That's easier for you and your dentist.

Yes, You Need X-Rays

Who doesn't hate biting down on those plastic bite plates so the dentist can snap a picture of your mouth? Do you really need regular x-rays, or do dentists encourage them to pad the bill?

Unless your doctor is pushing for several x-rays a year, that's unlikely. Without x-rays, dentists say, it's hard to see what's going on inside your mouth.

According to the ADA, the need for x-rays varies depending on a patient's age

and symptoms. Children may require them more frequently than adults because their teeth and jaws are developing and they're more likely to suffer tooth decay. Most dentists recommend "bitewing" x-rays—four x-rays that show cavities or developing cavities between the back teeth—once a year. A full mouth series, which takes pictures of all the teeth and is typically given every three to five years, helps the dentist evaluate the health of the roots and jawbone.

The amount of radiation absorbed through x-rays is minimal. According to the ADA, most people absorb more radiation in their everyday lives than from getting dental x-rays. Some doctors today have digital x-rays—the pictures show up on a computer rather than being developed like film—and these emit even less radiation.

Still, if you're uncomfortable getting x-rays, speak up. But keep in mind that some cavities are difficult to find without them. And if you have a tumor, an x-ray could save your life.

Pregnant Women Are Dentistry's Cash Cows

According to a study published in *Current Anthropology*, women are more likely to get cavities than men, thanks to hormones. The study also says women generally produce less saliva, which disrupts the mouth's ability to reduce food residue.

John Lukacs, a professor of anthropology at the University of Oregon, says that high levels of estrogen during puberty and pregnancy promote cavities. Dietary changes do, too—and many pregnant women crave sweet foods during their last trimester.

"Pregnant women get more decay, more gum disease," says Joe Kravitz. He says some women may lose a tooth or two during pregnancy. During times of hormonal change, he suggests, check in with your dentist more often.

Your Dentist Doesn't Mind If You Open Wide—and Talk

I asked several dentists if they get frustrated when a patient talks a lot in the chair. I assumed they'd get annoyed, because it's harder to work on a mouth in motion. But they all said the opposite: They like getting to know their patients.

According to a 2006 Gallup Poll, 62 percent of people believe that their dentists are trustworthy; it's the fifth-most trusted profession. Lots of dentists keep notes about your personal life in their charts so they remember what you've talked about and can ask you about those topics on your next visit.

Gary Kaihara, Northwest DC; 202-466-3333; McLean, 703-356-3556.

Eric Katkow, Columbia; 410-730-2020.

Kim Kitchen, Alexandria; 703-836-7000.

Henry J. Konigsberg, Southwest DC; 202-488-8300.

Sousan H. Kunaish, Falls Church; 703-532-7212.

David Q. Le, Ashburn; 703-723-1400.

Chong Lee, McLean, 703-448-1020; Arlington, 703-841-0016. Vote getter for cosmetic work.

Thomas Lenz Jr., Vienna; 703-938-6669.

William D. Lessne, Arlington; 703-526-9700.

Paul E. Levine, McLean; 703-356-3960.

Robert Levine, Fairfax; 703-280-1300.

David E. Liebeskind, Silver Spring; 301-495-9222.

Samuel Lievano, downtown DC; 202-728-0896.

Melanie R. Love, Falls Church; 703-241-2911.

Philip M. Maiese, Foggy Bottom; 202-466-4530.

H.R. Makarita, Oakton; 703-255-1150. Vote getter for cosmetic work.

John Martin, Tenleytown; 202-966-1900.

Stanley Mayer, Bethesda; 301-654-4848.

Katherine A. McGrath, Fairfax; 703-978-6556.

Mark Miller, Falls Church; 703-241-2911.

Richard A. Miller, Rockville; 301-468-9383.

Patrick A. Murray, Rockville; 301-330-4600. Also recommended for cosmetic work.

Charles A. Nardiello, Fairfax; 703-591-5637.

Dennis S. O'Leary, Palisades; 202-966-8108.

Bradley J. Olson, Waldorf; 301-843-6621.

George Papastergiou, Vienna, 703-938-7174.

***Judith A. Penski**, Tenleytown; 202-244-6650.

Dean J. Phass, Falls Church; 703-824-0055.

Steven Philips, Spring Valley; 202-244-5900.

Michael Pollowitz, Spring Valley; 202-244-4477. Recommended for cosmetic work.

Adel Rizkalla, Falls Church; 703-671-2222.

Clark Rogers, Herndon; 703-471-7164.

Richard Rogers, Frederick; 301-663-1700.

Kurt C. Rolf, McLean; 703-356-3035.

Lawrence D. Rosenman, Springfield, 703-256-8554; Lorton, 703-541-3110.

Stuart Ross, downtown DC; 202-223-6300.

Barry Rudolph, Vienna; 703-281-7104. Also a top vote getter for cosmetic work.

Kevin A. Ryan, Springfield; 703-354-8811.

D. Gordon Rye, Fairfax; 703-352-2010. Vote getter for cosmetic work.

Adam Schneider, Gaithersburg; 301-948-3111.

Everett Schneider, downtown DC; 202-296-8252.

Richard Schneider, Burke; 703-323-1400.

Craig Scimeca, Oakton; 703-281-6201.

Salvatore Selvaggio, Northwest DC; 202-362-5596.

Jeffrey Sisel, South Arlington; 703-931-5333.

Christopher Spagna, Falls Church; 703-532-7212.

Michael S. Stern, Rockville; 301-610-9909.

Marcus Stephen Tappan, Silver Spring; 301-565-8212.

Sherman Telis, downtown DC; 202-223-6630.

Mark A. Tromblay, West End; 202-331-1554.

Rena Vakay, Alexandria; 703-256-7700. Also recommended for cosmetic work.

Eric C. Vasey, Woodbridge; 703-670-5376.

Gary J. Weiss, Fairfax; 703-278-8866; Ashburn, 703-726-9313.

Mark Winkler, Springfield; 703-451-8332.

Brenda J. Young, Fairfax; 703-560-6301.

Mary M. Ziomek, Rockville; 888-643-1972.

Endodontists

Endodontists specialize in root canals.

Ali Behnia, Rockville; 301-340-9494.

***Edward Besner**, Reston, 703-437-6666; Springfield, 703-569-0000.

John Douglas Bramwell, Reston, 703-437-6666; Springfield, 703-569-0000.

Frederick L. Canby, Leesburg; 703-779-7900.

Edward Chun, McLean; 703-847-0989.

Albert A. Citron, Vienna; 703-938-



EDWARD CHUN

5920.

Steven C. Cohen, Chevy Chase, 301-654-1818; Rockville, 301-984-3800.

Gael M. Delany, Friendship Heights; 202-364-0234.

John Ehreth, Manassas and Warrenton; 703-257-0481.

***Michael A. Fabio**, Reston, 703-437-6666; Springfield, 703-569-0000.

Reza Farshey, Chevy Chase; 301-907-2931.

Tim Golan, Fairfax; 703-273-8798.

Nelson J. Goodman, downtown DC; 202-659-2552.

Scott Hetz, downtown DC, 202-659-2552; Rockville, 301-984-3800.

Tony Hsu, Rockville; 301-881-6882.

Gary J. Johnson, Vienna; 703-883-3990.

Martin D. Levin, Chevy Chase; 301-654-6077.

Kim A. Menhinick, downtown DC, 202-659-2552; Rockville, 301-984-3800.

Julian Moiseiwitsch, Friendship Heights; 202-364-0234.

Angela P. Noguera, downtown DC; 202-861-0045.

***David Palmieri**, Old Town Alexandria, 703-836-0006; Seven Corners, 703-534-0330.

Michael I. Pascal, downtown DC; 202-822-0732.

Jayesh S. Patel, Fairfax; 703-631-1136.

Michael Peterson, Silver Spring; 301-754-0500.

Frank Portell, Springfield; 703-569-0000.

***Michael J. Ribera**, downtown DC, 202-659-2552; Chevy Chase, 301-654-1818.

Clara Rodriguez, downtown DC; 202-659-8568.

Carolina Rodriguez-Rad, downtown DC; 202-659-8568.

Paula L. Russo, downtown DC; 202-861-0045.

Fredric H. Simon, Chevy Chase, 301-654-1818; Rockville, 301-984-3800.

Edward J. Strittmatter, Centreville; 703-815-3636.

(CONTINUED ON PAGE 121)

DENTAL PROFESSIONALS



JASON A. COHEN, DDS

General, Cosmetic & Implant Dentistry

What sets Dr. Jason A. Cohen's Dental Practice apart from others is that at his office they are committed to Treating Your Family Like Family. "We are very careful to treat your family like we would treat our own. We make sure everyone feels comfortable in our office." In addition to a regular dental hygiene program and oral cancer screenings, Dr. Cohen also provides General Dentistry, porcelain crowns and veneers, dental implant services and Invisalign.

"I have always been detail-oriented and maintained technical excellence within my practice. We are constantly taking courses to stay current on all the latest materials and techniques."

5530 Wisconsin Avenue, Suite 560, Chevy Chase, MD
301-656-1201
www.cosmeticdds.com



AMY LIGHT, DMD, PC

Dr. Light, a dual practitioner in pedodontics and orthodontics for 19 years, and her team all strive for an environment where children and parents alike are comfortable and eager to return, knowing quality of care and concern for the patients is foremost. The office implements the most up-to-date technology, and treats all types of needs from oral surgery to filling cavities to realizing beautiful smiles. Dr. Light loves watching her patients grow from youngsters to healthy and dentally aware adults (we treat children from ages 2 to 18).

Please visit the website to learn more about this exciting practice.

9812 Falls Road, Suite 118, Potomac, MD 20854
301-983-9804
www.amylight.com



JOSEPH CAVALLO, DDS

Celebrating 25 years in private practice, Dr. Cavallo has turned his passion for dental care into an expert and comprehensive clinical practice. Focusing on each patient's total dental system-joints, muscles, gums and teeth- Dr. Cavallo is guided by the principle that both children and adults may be educated to maintain their oral health and keep their teeth for a lifetime. With his continuous studies with The Pankey Institute, The Dawson Academy, and as a Fellow of the Academy of General Dentistry, he is able to provide his patients with the latest innovative techniques. While patients appreciate his vast experience, they also enjoy the personal time and attention he and his staff are able to provide, explaining every option available to them.

12502A Lake Ridge Drive, Lake Ridge, VA 22192
703-690-3884
www.josephcavallocosmeticdentist.com

Ronald C. Taylor, Bowie, 301-218-7711; Silver Spring, 301-562-9455.

Ian Walker, Rockville, 301-231-0744.

Michael Weber, Rockville, 301-231-0744.

***Pirooz A. Zia,** Chevy Chase, 301-907-2931.



PIROOZ ZIA

Oral Surgeons

These surgeons operate on the mouth, jaws, and face, including tooth extraction, reconstruction of fractured jaws, and implants.

Ralph W. Alman Jr., Rockville, 301-881-8803.

Joseph M. Arzadon, Gainesville, Arlington, and Manassas, 703-753-5268.

Christopher E. Bonacci, Vienna, 703-255-9400.

Brenton Burger, Sterling, 703-444-2206; Centreville, 703-266-8770.

Theodore P. Corcoran, Falls Church, 703-534-6500; North Arlington, 703-522-6440.

Jane M. Daly, Bowie, 301-262-1800; Olney, 301-924-2155.

Edward B. Delgado, Vienna, 703-506-1414; Alexandria, 703-317-1717.

***Patrick J. Dolan,** Centreville, 703-266-0026; Reston, 703-435-7100; Fairfax, 703-385-5777; Burke, 703-764-2077.

Steve Dorsch, Leesburg, 703-771-1771.

William R. Dzyak, Kensington, 301-942-4900; Gaithersburg, 301-926-1100.

***Robert W. Emery,** West End, 202-386-7100.

Gary Funari, Rockville, 301-990-8400.

Leonard Goldman, Silver Spring, 301-439-3550.

Stuart L. Graves, Burke, 703-425-5010; Reston, 703-736-1640.

***Steven A. Guttenberg,** downtown DC, 202-466-3323.

H. Ryan Kazemi, Bethesda, 301-654-7070.

Michael Kuzmik, Alexandria, 703-317-1717; Tysons Corner, 703-506-1414.

J. Daniel LaBriola, Annandale, 703-256-2307; Woodbridge, 703-494-9173.

Jeffrey A. Lane, Burke, 703-764-2077; Fairfax, 703-385-5777; Centreville, 703-266-0026; Reston, 703-435-7100; Woodbridge, 703-672-4200.

Clarence C. Lindquist, Chevy Chase, 301-652-8555; downtown DC, 202-466-7555.



ROBERT EMERY

John J. Mennitt, Olney, 301-924-2155; Bowie, 301-262-1800.

Leonard Merlo, Rockville, 301-468-0020; Dupont Circle, 202-223-3391.

Jay S. Nokkeo, Gaithersburg, 301-948-9801.

George Obeid, Washington Hospital Center, 202-877-7332.

Jeffrey Posnick, Chevy Chase, 301-986-9475. Specializes in complicated jaw surgery.

***David S. Ross,** Bethesda, 301-656-9565.

Jeffrey Rothman, Alexandria, 703-370-3012.

Harlene D. Sandler, Rockville, 301-762-0062.

Kevin G. Schwartz, Olney, 301-774-6200; Mount Airy, 301-831-0110; Rockville, 301-990-8400.

Kimberly Silloway, Centreville, 703-266-0026; Fairfax, 703-385-5777; Reston, 703-435-7100; Burke, 703-764-2077.

***Peter W. Smith,** Reston, 703-435-7100; Fairfax, 703-385-5777; Burke, 703-764-2077; Centreville, 703-266-0026.

Mitchell A. Stark, Rockville, 301-340-0101.

Daniel Theberge, Fairfax, 703-385-5777; Reston, 703-435-7100; Burke, 703-764-2077; Centreville, 703-266-0026; Woodbridge, 703-672-4200.

Richard Williams, Germantown, 301-540-8844; Chevy Chase, 202-364-9400.

***Henry W. Zussman,** Fairfax, 703-385-5777; Reston, 703-435-7100; Burke, 703-764-2077; Centreville, 703-266-0026; Woodbridge, 703-672-4200.



PETER SMITH

Orthodontists

Orthodontists straighten teeth.

Kolman P. Apt, Herndon, 703-437-8700; Ashburn, 703-729-9060.

M. Alan Bagden, Springfield, 703-451-3900.

Rena Barakat, Dulles, 703-433-9330.

Greg Bath, Vienna, 703-938-4614; Great Falls, 703-759-9453.

Scott C. Berman, Falls Church, 703-241-9191; Herndon, 703-481-3339.

John Bilodeau, Springfield, 703-451-4666.

Jill Bruno, Chevy Chase, 301-656-3310.

***Darlene Byrd,** Tenleytown, 202-686-2108.

Zach Casagrande, Ashburn, 703-327-1718.



JILL BRUNO

William E. Crutchfield, Chantilly, 703-263-0575.

Lisa DeMarco, Silver Spring, 301-593-6363.

Garret Djeu, Fairfax, 703-691-8388.

Michael Dunegan, Manassas, 703-361-5698.

Henry F. Dutson, Annandale, 703-750-9393; Burke, 703-250-2214.

Duane Erickson, Silver Spring, 301-236-0600; Olney, 301-774-5040.

Daniel Farber, Rockville, 301-881-5560.

Wanda Flinn, Gaithersburg, 301-977-4200; Olney, 301-774-1600.

Allen S. Garai, Vienna, 703-281-4868.

***Eduardo Gerlein,** Chevy Chase, 301-951-4114.

Linda Hallman, Chevy Chase, 301-654-7910.

Charles C. Harrington, North Potomac, 301-977-1441.

Wayne Hickory, Dupont Circle, 202-518-5910.

David R. Hughes, Springfield, 703-451-0502.

Herbert Hughes, Alexandria, 703-360-8660.

Rodney J. Klima, Burke, 703-425-5125.

Edwin Lee, Falls Church and Herndon, 703-241-9191.

Christopher Liang, Chevy Chase, 202-966-7711; College Park, 301-927-9000; Potomac, 301-983-3132.

Amy Light, Potomac, 301-983-9804.

Robert B. Marzban, McLean, 703-356-8781.

Richard Mattson, Olney, 301-924-2405.

Deirdre J. Maull, McLean, 703-556-9400.

Michael McCombs, Falls Church, 703-820-1011.

Kevin McGrath, Oakton, 703-938-1900.

Andrew M. Orchin, Friendship Heights, 202-686-5100.

Jeremy D. Orchin, Friendship Heights, 202-686-5100.

Carmine N. Petrarca, Bethesda, 301-897-5880.

Mehdy Rad, Potomac, 301-299-3993; College Park, 301-345-7710.

Jack J. Rosenberg, Burke, 703-250-2208; Gainesville, 571-248-4355.

***Shadi Saba,** Sterling, 703-404-7222.

Andrew L. Schwartz, downtown DC, 202-785-4746; Rockville, 301-610-9909.



LISA DeMARCO



ANDREW ORCHIN